SOCIAL INNOVATION & ENTREPRENEURSHIP IMMERSION
JUNE 8-JULY 6, 2020
BALI, INDONESIA
BA98
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**IMPORTANT CONTACTS**

**INTERNATIONAL PROGRAMS OFFICE**
A5500 University Center  
282 Champions Way  
P.O. Box 3062420  
Florida State University  
Tallahassee, Florida 32306-2420

**PHONE**  
850.644.3272  
1.800.374.8581

**FAX**  
850.644.8817  
850.645.4659

**EMAIL**  
IP-Info@fsu.edu

**WEBSITE**  
international.fsu.edu

**HOURS** 8:00a.m. to 5:00p.m. EST, Monday - Friday

**HOUSING**
Housing will vary throughout the program. Students stay primarily in double-occupancy Balinese-style accommodations, including a group home-stay, local inns, and beach bungalows. Students will be given detailed information once housing is confirmed.

**Program Leader/Faculty Member Information**
Bruce Manciagli, Social Entrepreneur in Residence – FSU  
bmanciagli@fsu.edu  
850-645-7112

Bali Institute Contact  
Ryan Feinstein, President  
+62-812-367-80656

Bali Institute  
Gg. Jepun #10, Sanur Kaja  
Denpasar, Bali 80239  
+62-361-449-3178

**INTERNATIONAL CALLS**
Making international calls from the U.S. to Indonesia: First dial “011” (for international call), followed by “62” (the country code), then the specific area code (dropping the first zero) and location number.

**Time Differences:** Central Indonesian Time is ahead of Eastern Standard Time by 13 hours, Central Standard Time by 14 hours, Mountain Standard Time by 15 hours, and Pacific Standard Time by 16 hours. Daylight Savings Time changes often occur on different dates in the US than in other parts of the world.

**EMERGENCY PHONE NUMBERS**
Bali Institute: Evita-Operations Manager +62 813 8825 7678  
Ryan Feinstein +62-812-367-80656

**US Consulate**
Jl. Hayam Wuruk 310, Denpasar 80235, Bali, Indonesia

(62) 361-233-605, (62) 361-246-859  
After Hours Emergencies: (081) 133-4183

https://id.usembassy.gov/embassy-consulates/consular-agency-bali/.
ACADEMICS

ACADEMIC MATTERS
This program is first and foremost an academic one, so you should be prepared to invest as much time, effort and thought into your coursework as you do at your home campus. Since classes are small, you will have more interaction with your fellow students and with faculty than you have on main campus. There will be a greater emphasis on participation in class discussions. This means you must be prepared to maintain a high level of performance by being an active and committed participant in your classes.

FSU ENHANCEMENT PROGRAMS RELATED TO STUDY ABROAD
FSU students are encouraged to get involved with the Garnet and Gold Scholar Society and the Global Citizenship Certificate program. These two resources provide special recognition as global-ready graduates.

The Garnet and Gold Scholar Society program facilitates involvement and recognizes the engaged, well-rounded student who excels within and beyond the classroom in the areas of Leadership, Internship, Service, International, and Research. A student who has met the criteria in three of the five areas is eligible for consideration. All study abroad programs organized through the International Programs Office qualify for the international experience portion of the International Area. Visit http://garnetandgoldscholar.fsu.edu/ or email GarnetandGoldProgram@fsu.edu to learn more.

Global Citizenship Certificate program helps undergraduate students develop invaluable cross-cultural skills and global competencies needed to be a global-ready graduate. Students who enroll in the certificate take 1 required course, Global Perspectives, and 3 electives. The required course counts toward FSU Liberal Studies X, E-series, and writing requirements. Students can choose from 500+ courses to fulfill the elective course requirement. In addition, students participate in 8 intercultural events on campus and a sustained international experience abroad, which you have already done! Enroll in the Global Citizenship Certificate to ensure your study abroad experience counts toward the certificate. Visit cge.fsu.edu/globalcitizen to learn more about the benefits, criteria, and requirements. You can also email us at globalcitizen@fsu.edu with questions.

TUTORING RESOURCES
There are a number of tutoring resources available at Florida State University to assist you academically, both in Tallahassee and abroad. Online tutors are available through the following programs:

- Reading & Writing Center (RWC) http://wr.english.fsu.edu/Reading-Writing-Center/RWC-Online
- Academic Center for Excellence (ACE) [http://ace.fsu.edu/] ACE provides free tutoring in many subject areas, including accounting, biology, chemistry, economics, math, statistics, and physics.
- University Libraries: Office of Distance Library Services https://www.lib.fsu.edu/department/distance-learning

OFFICE OF ACCESSIBILITY SERVICES (OAS)
OAS provides reasonable and appropriate accommodations for students with documented disabilities. Documented disabilities and accommodations vary in nature, and though the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973 do not apply extraterritorially, we do our best to accommodate our students. If you anticipate needing to request accommodations for a documented disability, please schedule an appointment with OAS by calling 850-644-9566 (Voice) or 850-644-8504 (TDD). For more information, visit http://dos.fsu.edu/sdrc
VISA REQUIREMENTS FOR U.S. CITIZENS
For U.S. citizens planning to stay in Indonesia for under 30 days, there is a visa on arrival that is free (and the departure fee is waived); however, this type of visa on arrival cannot be extended. (For extenuating circumstances that cause a 1-2 day delay past the 30 days, you will be assessed a penalty fee for each day over [as of May 2019, the penalty fee was 1 million rupiah per day or approximately $70]. If you are planning to stay longer than 30 days and under 60 days, you can get a second type of visa on arrival which is extendable for an additional 30 days and costs $35. Please let Bruce Manciagli, the Program Leader, know if you plan to obtain the extendable visa so that he can share specific instructions. You will need to extend this visa and pay the fee prior to the conclusion of the first 30 days. FSU’s partner, the Bali Institute, will assist with this process. If you plan to stay over 60 days, you will need to apply for a specialized visa before you travel to Indonesia which requires a letter of invitation/sponsorship. (This type of visa requires a special relationship with an individual and/or organization in Indonesia and will most likely not apply to any of you.)

Note: The information above is the most accurate available at the time of publication. You are responsible for checking with the Embassy of Indonesia to inquire about visa requirements and to obtain a visa if applicable: https://consular.embassyofindonesia.org/. Please check the website or talk to an officer at the consulate in order to make sure you have the correct visa for your planned stay.

- **Passport**: You must hold a U.S. passport that is valid for at least 6 months beyond your return from your program.

- **IMPORTANT**: Indonesia has new rules on passports. If your passport is damaged in any way, they will not let you into the country. Be sure to check your passport to ensure there are no tears or damage to the passport.

- **Flight/Visa Restrictions**: Due to airline restrictions, traveling on a one-way ticket may not be allowed. Please check with your airlines before purchasing a one-way ticket. Students are strongly encouraged to purchase a round-trip airfare ticket for travel to/from Bali.

- If you **intend to study abroad for two consecutive semesters**, contact an Immigration Specialist to verify if additional steps are required for immigration purposes: IP-Visas@fsu.edu.
**FLIGHT INFORMATION**

There is no group flight for this program and your Program Fee does not include airfare. As previously stated, traveling on a one-way ticket may not be allowed due to airline restrictions. Please check with your airlines before purchasing a one-way ticket.

You should make arrangements to arrive at the International Terminal in Denpasar, Bali on the **start date** of the program, June 8, 2020, and depart on the **end date** of your program, July 6, 2020, as stated on the International Programs website and IP student portal. You may need to depart from the U.S. one day before the program’s start date in order to arrive on time. The on-site Orientation is mandatory for all students.

Most students will choose a flight that flies directly to Bali from an overseas stopover city, which means they'll arrive at the International Terminal in Denpasar – which is where group pick-up will take place. Note that it’s possible to fly into Jakarta, Indonesia’s capital, via an international carrier and then use a domestic airline such as Garuda to fly to Bali. In this case, you would arrive in Denpasar airport at the domestic terminal. It’s imperative that you submit your flight itinerary through the IP student portal so that there is no confusion and program staff can plan appropriately.

There will be **group pickups at the airport in Denpasar.** See Arriving in Bali section. Additionally, one to two group shuttles will be provided to transport students back to the airport on the final day of the program at scheduled times. You will be responsible for ensuring you take the shuttle that will allow you to arrive at the airport with plenty of time for your flight.

Your program housing will begin on the start date of your program and end on the end date. **IF YOU PLAN ON ARRIVING EARLIER OR WISH TO STAY LATER, YOU MUST MAKE ARRANGEMENTS TO STAY IN A HOTEL OR SIMILAR ACCOMMODATION.**

Once you are able to purchase airfare and you finalize your travel arrangements, submit your flight itinerary through the IP student portal. Your flight arrangements will be provided to the on-site staff to monitor student arrivals.

You may want to consider purchasing travel insurance when booking your flight. Travel insurance typically covers flight cancellation fees, lost luggage or other losses incurred while traveling, etc. Speak with your airline for more information. If your flight is canceled, delayed, or you miss a connection notify the International Programs staff via email or phone.

**IN TRANSIT**

- **Domestic flights.** Arrive at the airport ticket counter **two hours** before your departure time. Check with your specific airline to find out the recommended pre-flight allowance.
- **International flights.** Arrive at the airport ticket counter **three hours** before your departure time.
- **Keep your boarding pass** until you have landed, cleared immigration and customs, and have collected your luggage.
- **Have your passport and immigration letter** accessible in your carry-on luggage.
- **During your flight** make sure to drink lots of water to stay hydrated. Get up and walk around once an hour to help your circulation. Do simple stretches while in your seat. Try to sleep; it will help you combat jet lag. Wear layers, as the temperature on the plane and in airports can vary.

**ARIVING IN INDONESIA**

Group pickups will be available at the International Terminal of the Denpasar airport between 8:00am – 8:00pm on June 8. However, we **strongly encourage** you to arrive by 4:00pm so that you can be on time for the welcome dinner, which will begin around 6:30pm.

If your flight is postponed or delayed or you miss your connection, please take both of the following steps: 1) email the Program Leader, Bruce Manciagli, at bmanciagli@fsu.edu and 2) email ryan@baliinstitute.com or call the Bali Institute hotline number in the U.S. +1 415-571-8353 to let us know.

When you enter the International Terminal, there will be signs indicating where to go to obtain the visa on arrival. After you have received your visa, you will get in line for immigration. Next, you will gather your luggage, pass through customs, and go outside past the DFS store for your airport pickup.

There will be porters who will try to help you with your luggage - they are expecting a tip of around $5 – feel free to politely say “No” to them as they will often try to pick up your luggage without asking.

Once outside the airport, look for a sign held up that says “Bali Institute” or “FSU” - that’s your driver to the homestay where we’ll be staying. A Program Coordinator from the Bali Institute will be at the airport to greet you and point you in the right direction. If arriving outside of the pick-up window and you plan to take your own taxi from the airport, you will need to convert a small amount of currency into Indonesian rupiah at the airport so you can pay for the taxi - you will also need the name and address of your destination to provide to the driver. There are usually fixed-price taxis available near the terminal exit. Transport prices for taxi drivers outside the terminal are negotiable, but you should not pay more than 300,000 rupiah – and no tip is necessary.
HOUSING
Housing will vary throughout the program as we travel around the island. Students stay in double-occupancy Balinese-style accommodations, including beach bungalows, local inns, and a group home-stay. Students will be given detailed information once housing is confirmed.

Most of our lodging will have WIFI (two locations, totaling about one week, will not). Additionally, many cafes and restaurants have WIFI available for their guests. You can also purchase a WIFI hotspot device in Bali and purchase data for it as needed. The Program Leader will plan assignments accordingly.

All of the locations where we’ll be staying have interesting attractions within walking distance, depending on the location. For example, the homestay in Ubud is close to museums, temples and other cultural sites, a market, and countless shops and restaurants. In two to three locations, we’ll be either directly on—or a short walk from—the beach.

Most locations will have reasonably-priced laundry service available. However, given our schedule, there will be specific times that we will plan for the group to do laundry, approximately once/week.

Rooming assignments will be made based on a combination of factors such as type of program, housing preference, availability, and special needs as indicated in the information you provide on the Medical, Special Needs, Housing questionnaire in the IP student portal. Roommate assignments are made by our staff and cannot be changed.

During your on-site orientation, you will be advised of the Housing Rules & Regulations. Violation of any of the housing policies is grounds for dismissal. It is your responsibility to familiarize yourself with the housing rules and regulations for your specific program. Refer to the FSU International Programs Contractual Agreement and the Housing Terms and Conditions for details. You are required to read and sign the FSU International Programs Contractual Agreement in the IP student portal as it outlines your contractual obligations as a participant on our program.

At the end of the program, the housing facilities will be inspected. They should be neat, clean, and in the condition in which they were found. If your housing is left in an un-fit state or if any damages are found upon your departure, additional charges may be assessed to your FSU account.

TRANSPORTATION
Transportation during the program is varied. For example, the group will use air-conditioned 12 to 17-seat mini-buses for longer trips. In Ubud, students often walk into town or use taxis during free time. In Singaraja, students will use mini-buses as well as small, local mini-vans. For travel to and from East Bali Immersion, the group will use four-wheel drive SUVS.

During the free days toward the end of the program, students use a variety of transportation, depending on where they are going. For example, this might include fast boats to neighboring islands.

Note that the use of motorcycles and scooters is forbidden at any point during the program dates, including free time/days. This applies to both driving and being a passenger.

PERSONAL TRAVEL
You are no doubt eager to explore Bali (and perhaps Indonesia more broadly). Although some free time will be built into our schedule each day, it will not be enough for independent travel. There will be two-three free days towards the end of the program that will allow students to explore on their own. It is best to wait until you have arrived in Bali and begun classes before you book any independent trips.

Waiting until classes have started will allow you to make your plans around the following factors:
- Academic deadlines for exams, papers and presentations. You do not want to book a once-in-a-lifetime trip only to discover that you have a major assignment due around that time.
- You will receive a finalized cultural calendar of activities upon arrival.
- The travel plans of your peers. One of the joys of studying abroad is the opportunity to build friendships through travel and shared experiences.
- Due to the compact nature of the summer programs, course meeting times will be intensive and may only allow some independent travel. Summer programs may have mandatory academic excursions that take place over a weekend. You should be flexible with your weekend plans.

Do not plan travel that will cause you to miss classes; strict academic standards will be maintained on the programs. Your grade may be reduced by any unauthorized absence from class.

For safety purposes, you will be instructed by International Programs to fill out a mandatory online independent travel form each time you plan on traveling outside of your program. More information will be provided to you in the IP student portal prior to departure.
CLIMATE & PACKING
All airlines have different policies regarding the number, size, and weight of bags allowed on domestic and international flights. Fees for having too many bags or exceeding size and weight limits are steep, and also vary by airline. It is important that you determine the restriction on your particular airline before you pack. **Please be aware that you will be responsible for carrying your own bags, packs, etc.** Restrictions regarding carry-on baggage are different for each airline and sometimes vary depending on your originating, transferring and/or terminating airport. Also, requirements change based on current events. It is imperative that you check your specific requirements just prior to your departure and plan accordingly. Use the IP luggage tag and luggage strap you received to ensure your bag is marked in capital letters with your name, address, and final destination both on the inside and on the outside of the bag. It is recommended that you pack 1 or 2 outfits in your carry-on in case of flight delays/cancellations or lost luggage.

Make several photocopies of the pages in your passport that contain the issue date, your signature, and your photograph. Leave one copy at home with your family and take another copy with you in case your passport is lost or stolen. Carry a copy separate from your passport when you are traveling.

Plan to bring all required course materials with you. For this program, there are no required textbooks to purchase. Course readings will draw from a diversity of related literature and will be available through Canvas as well as a downloadable PDF document that will be available before the course begins.

The weather in Bali during the month of June varies from an average low of 72 to an average high of 88 (with the potential for hotter days). June is in the middle of the dry season in Bali; however there may be the occasional shower. When going up in elevation on the island, the temperature can cool off, so we recommend bringing light layers or a light jacket.

**You should monitor the weather before departure to plan accordingly:**

Recommended packing list includes:
- Any medications you will need (for example allergy medication, epi-pen, motion sickness medication)
- Plug adapter for Indonesia (uses two round prongs)
- Voltage converter if your devices aren’t dual voltage (voltage in Bali is 220)
- Hat
- Swimsuit
- A white shirt or blouse to wear for any formal ceremonies you may attend
- One nicer outfit (but not formal) for group dinners
- Comfortable shoes that are good for walking
- Flip flops or water shoes/sandals
- Pack lightweight, durable and easily washable clothes
- Reef safe Sunscreen
- Refillable water bottle
- Sunglasses
- Light-weight beach towel
- Rain jacket
- Fanny pack, small backpack, etc.
- Small flashlight

Please pack as light as possible as we will be traveling between locations around the island. The Program Leader will provide an updated packing list and answer any related questions at the orientation meeting.

Clothing is relatively casual (yet tasteful/respectful) in Bali. Walking shorts are generally acceptable except when visiting temples or government offices. Many locals wear a sarong and cotton blouse or t-shirt daily. Remember, though, that the Balinese have a strong devotion to their Hindu religion and place great value on respecting their local customs. Except on the beach, it is not acceptable to wear clothing that reveals too much.

If attending a temple ceremony, everyone must wear a traditional sarong. If you don’t have one these are readily available and inexpensive – approx. $5 to $10. No tank tops for either men or women allowed in temples. In many places, you’re expected to remove your shoes when you enter a building, so easily removable shoes are recommended.

You should not bring any valuable or sentimental items such as jewelry, expensive watches, expensive cameras, or keepsake items you would regret losing. You also don’t want to bring any electrical appliances such as hair dryers, heaters, etc. The electricity in many countries is twice as powerful as in the U.S. and will cause those items to burn out.

Reference the International Programs packing list for more packing tips!
MAIL
Please share the following information with those in the U.S. who are interested in sending you mail while you are abroad.

As we will be moving around the island throughout the program, and mail in Indonesia takes much longer than in the U.S., we recommend that you don’t plan on receiving mail during the program. Please speak with the Program Leader if you believe you’ll need something sent to you during the program. You will have plenty of opportunities to mail postcards and letters back home.

CELL PHONES & COMMUNICATION
Staying connected to your family and friends while you are abroad is extremely important. Establish a communications plan prior to departure. Whether it’s setting up a Skype meeting every Sunday night, sending them messages over WhatsApp, or checking in with them on social media, make sure you keep in touch!

Though it is not mandatory to use your cell phone abroad, consider one of the following options. Do your research to see which option is the best fit for you:

- Adding an international phone plan through your U.S.-based carrier for the time you’ll be travelling. (Check with your U.S.-based carrier for available plans.)
- Purchasing an international SIM card to insert into your mobile phone (it must be unlocked) and adding local minutes/data (used primarily for local calling within Indonesia).
- Purchasing a local phone once in Bali and adding local minutes/data. (Used primarily for local calling within Indonesia. This phone will only be good for use in Indonesia, so is not an environmentally-sound option.)

We strongly suggest that you do not buy a pay-as-you-go cell phone in the U.S. to take abroad. Students who have done this in the past have frequently found the phones do not work. It is far cheaper and more efficient to buy the pay-as-you-go phone abroad.

You may also use Wi-Fi as available while your phone is in airplane mode. Make sure to turn off roaming before you leave, just in case. Otherwise you might end up with a very large phone bill when you return to the U.S. Apps you can easily use while connected to Wi-Fi include Skype, FaceTime, Viber, and WhatsApp. If you have a smartphone, download these apps before you travel abroad so you will be able to activate the account.

COMPUTERS
We suggest you bring a small laptop to use for research (for both assignments and local information) and to complete course assignments. Most of our lodging will have WIFI (two locations, totaling about one week, will not). Additionally, many cafes and restaurants have WIFI available for their guests. You can also purchase a WIFI hotspot device in Bali and purchase data for it as needed. The Program Leader will plan assignments accordingly.

If you choose to bring your laptop, we recommend doing the following:
- Check if your computer has a built-in transformer that is capable of handling the different voltages. You will also need a converter for the plug. (i.e. from two flat prongs to two round prongs).
- If you take a laptop with you, it is at your own risk. Check your homeowner’s insurance to make sure that it is covered when you are away from your primary residence. If not covered by your homeowner’s insurance, you may want to check into laptop insurance through www.safeware.com, a worldwide insurance provider for all electronic devices (e.g. laptop, digital camera, iPod, etc.). They also have a provision for non-electronic personal property.
- Do NOT pack your laptop or laptop charger in your checked luggage.
**EXPENSES**
On a day-to-day basis, your spending will be limited to souvenirs from the market, some meals (all breakfast, approximately half of the lunches, and several dinners are included in the program fee), snacks, personal supplies, entertainment, and any activities you choose to do outside of the program plan. Please take into account your personal spending habits when determining how much money you’ll need. **Do your research!**

A good way to estimate what you might need in Bali is to assume that whatever you spend here in the U.S. (in dollars), you will spend the same (numerical) amount in currency. Take that dollar amount and convert to rupiahs.

The Program Leader will discuss how to plan for expenses in more detail during the orientation session.

It is important to note that you are responsible to pay any needed medical expenses while in country. You pay up-front medical costs and then submit receipts to your insurance company. You may want to bring a credit card for this purpose.

**CURRENCY**
Indonesia uses the Indonesian Rupiah as the national currency. Visit [http://www.xe.com/currencyconverter/](http://www.xe.com/currencyconverter/) for current exchange rates. As of 1/11/20, the rate is approximately 1 US dollar = 13,806 Indonesian rupiah.

**EXCHANGING MONEY & BANKING**
You may want to exchange a few dollars for rupiah at the airport when you arrive in Bali. We suggest, however, that you not exchange much money at the airport and wait until you are in Ubud, which will give you a better exchange rate. (Given that you’ll be picked up at the airport by the program, you can wait to exchange money in Ubud.)

There is a greater risk involved carrying around that much cash. You may want to bring some cash and access the rest of your money using an ATM card (or charge certain items to your credit card). If you do decide to use cash, be sure you are bringing crisp, new bills ($100 gives you a better rate than smaller denominations), since money changers will not accept older bills - particularly earlier than 2004 - that are easier to counterfeit or wrinkled, torn bills with writing/marks. Ask your bank for the newest bills available. When exchanging money in Bali, only use reputable, authorized money changers.

ATMs are a relatively safe and efficient way to exchange money, although there will likely be fees charged by the bank in Bali and at home.

While credit cards will not serve you at the market, with small vendors, or for transportation, they are accepted at many stores and restaurants and are important for any unexpected expenses that may arise. Be sure to call your bank (for your ATM card) and your credit card company in advance of your trip to notify them of your international travel (and check whether you’ll be charged a foreign transaction fee).

We recommend you set up online banking for your bank accounts prior to departure from the U.S. so you can monitor your account while overseas. The easiest way to access money is from an ATM. You can use a Debit Card at any ATM to withdraw cash whenever you need it though there will often be a withdrawal fee.

Keep in mind, you may encounter restaurants and shops that only accept cash during the orientation session.

It is important to note that you are responsible to pay any needed medical expenses while in country. You pay up-front medical costs and then submit receipts to your insurance company. You may want to bring a credit card for this purpose.

Contact your financial institution(s) before you leave the U.S. to make sure your debit card is activated for international use. You will also need to inform them of your dates/location abroad. If you fail to contact your financial institution(s), it is not unusual for credit card companies to “freeze” an account if suspicious or fraudulent activity is suspected.

Make sure your debit/ATM card is linked to a checking account, rather than to a savings account, so you will have access to your funds.

If you have a pin longer than 4 digits or based on letters, you may have trouble using it abroad. You will need to change your pin before departure.

You should also contact your financial institution for information regarding ATM transaction fees. You can limit the fees if your U.S. bank has a ‘sister’ bank in the host country and/or if you limit your withdrawals, though we do not advise keeping large sums of money on person at home, even if a safe is provided. If a safe is not provided, we encourage students to lock valuables in their suitcase when leaving the housing accommodation.

Keep a record of all credit/debit/ATM card numbers and the phone numbers you would need to call, with area codes, if they are lost or stolen. Keep this record in a safe place separate from your cards, and you should provide a copy to family at home.

For those who receive financial aid, ensure that any student loans you have requested will be available for disbursement during the term you are abroad. Disbursement usually occurs after students have left the U.S., so make arrangements for your check to be deposited, if that is your chosen method of disbursement.
**IMMUNIZATIONS/MEDICAL CONCERNS**

Florida State University requires certain immunizations prior to your registration for classes. All newly-admitted degree-seeking students (freshman and transfer) and non-FSU students must complete the required Student Immunization Form. If you fall into one of these categories, you will be required to submit this form through the [IP student portal](#).

It is very important that you make yourself aware of specific requirements and health matters in your program location. The FSU Health and Wellness Center offers a travel clinic which provides immunizations. Additional information is available through the Centers for Disease Control and Prevention’s site: [www.cdc.gov/travel/](http://www.cdc.gov/travel/). Please note that some countries have specific requirements for inoculations based on past location(s) the traveler has visited. It is the student’s responsibility to confirm whether or not the previous travel requires additional inoculations.

Be sure to bring sufficient quantities of your prescription medication with you to last for the duration of your stay. Keep these in their original containers with copies of the prescriptions and place them in your carry-on luggage. Bring a copy of a legible prescription from your doctor and be aware that not all U.S. drugs are available elsewhere. *In particular, Adderall and Concerta are not available in all countries. Don’t postpone discussing your prescription needs with your doctor.* You will likely need to work with your insurance company to cover your vacation prescription. If you experience difficulty in obtaining a prescription for your time abroad, seek assistance from our office.

We also recommend doing the following:
- If you wear glasses or contact lenses, take an extra pair and/or the prescription if you wear glasses or contact lenses.
- Complete routine medical and dental care before you leave.
- A tetanus booster shot is suggested if you have not had one within the past 10 years.

The CISI insurance provided is included in your program fee and the policy is available on our website: [http://international.fsu.edu/Documents/HealthSafety/CISIInsurancePolicy.pdf](http://international.fsu.edu/Documents/HealthSafety/CISIInsurancePolicy.pdf). You will want to familiarize yourself with the coverage details. *This policy is NOT intended to replace your domestic coverage.*

**ALCOHOL AWARENESS & ILLEGAL DRUGS**

The legal age for the drinking of alcohol in Indonesia is 21. This means that some students will likely have the opportunity to buy and drink alcohol legally. It is in your interest to recognize that this right carries a great deal of responsibility. The International Programs has a strict code of conduct relating to the use of alcohol, violations of which will likely result in a judicial hearing with the possible outcome of being dismissed from the program. For instance, no hard liquor is permitted in all FSU residences, and no open containers are allowed on FSU-sponsored transportation and excursions. In short, know your limits and drink within moderation if you choose to do so, but not to excess.

Florida State University has a zero-tolerance policy regarding the possession, use, manufacture, production, sale, exchange or distribution of illegal drugs by students participating in FSU study abroad programs. Violation of this policy may result in immediate dismissal from the program and disciplinary action onsite or upon return to campus. International Programs’ policies follow either the U.S. law or local law, whichever is more stringent with regard to drug use. For complete information on student judicial processes, victim’s rights, and appeals see the Student Conduct Code at: [http://dos.fsu.edu/srr/](http://dos.fsu.edu/srr/).
Policies & Safety

Rules, Policies & Procedures
Florida State degree-seeking, transient, and special students are bound by the rules, policies, and procedures set forth in the FSU General Bulletin and Student Handbook. It is your responsibility to familiarize yourself with these before you leave. You may locate the FSU General Bulletin online at http://registrar.fsu.edu/ and The Code of Student Conduct at https://dos.fsu.edu/srr/conduct-codes/student-conduct-codes. The Office of Student Rights and Responsibilities updates any changes to the Code of Student Conduct.

Safety & Security
Our highest priority is the welfare and security of our students, faculty, staff and facilities. We have emergency plans in place for each of our locations and work closely with our insurers and 24/7 emergency response providers to monitor and respond to all situations worldwide. It is our policy to follow guidance from the respective U.S. Embassies, U.S. State Department, as well as local officials and keep students apprised of any new information. For more information on IP’s security policies and procedures, please contact our Director of Risk and Emergency Management, Chris Carroll at 850.644.7823 or ccarroll@fsu.edu.

- Resources. Even though students are not on the main campus, they have access to many resources should they encounter issues while abroad. Program staff members are available to support students in a variety of ways, including connecting students with other professionals locally and/or on the main campus.
  - Victim Advocate Program. The University takes very seriously all types of victimization, including sexual violence, relationship violence, and domestic violence. Advocates are available and on-call 24 hours a day to provide confidential support services, even for students who are abroad. For more information on the Victim Advocate Program, visit http://victimadvocate.fsu.edu.
  - University Counseling Center. The Counseling Center is a welcoming and confidential place to discuss questions and concerns such as homesickness, struggles with relationships, sexual identity, cultural issues, and more. Visit https://counseling.fsu.edu/ for more information.
  - Center for Health Advocacy & Wellness. The Center for Health Advocacy & Wellness encourages students to make healthy lifestyle decisions that facilitate academic success and lead to life-long health and wellness. For more information, visit http://chaw.fsu.edu/.

- The U.S. State Department maintains a web site of information for Americans studying abroad, including current travel advisory warnings, at: http://studentsabroad.state.gov/.

- The Smart Traveler Enrollment Program (STEP) is a free service provided by the U.S. Government to U.S. citizens who are traveling to, or living in, a foreign country. STEP allows you to enter information about your upcoming trip abroad so that the Department of State can better assist you in an emergency. We strongly recommend you register here: https://step.state.gov/step/.

- Waivers. All IP participants must sign and submit a Waiver of Liability through the IP Student Portal.

- Be aware that you are subject to the laws of the country in which you are traveling.

- Always carry a photocopy of the picture and signature pages of your passport with you. Keep another copy in your room separate from your passport. Leave one copy at home in the U.S. with your family or a relative.

- Use the buddy system—try to travel with friends as much as possible and always tell your roommates or friends where you are going and when you expect to return. Bystander intervention is a powerful opportunity and responsibility for those within our community.

- Valuables. Students should not take sentimental valuables on their program. Students should not leave cash, passports, or other items of value unattended in their rooms. If a locker or safe is provided, students are strongly encouraged to use it to store anything of value at all times. Students should plan regular visits to the cash machine rather than leaving large amounts of cash in their rooms. Students are responsible for ensuring their rooms are left secure at all times – do not prop open doors, do not leave doors and windows unlocked, do not give keys to anyone. If students notice others in the building leaving the main entrance door unsecured, they should notify the IP staff immediately, even if there are others living in the building who are not FSU program participants. Students are strongly encouraged to purchase insurance that will cover their belongings while abroad, whether a standard homeowners or renters policy. The International Programs insurance policy does not cover loss or theft of participants’ possessions.

- Pickpocketing. In most large cities throughout the world, pickpocketing is the most common crime and can happen anytime, anywhere! We caution you to always be aware of your surroundings. While traveling in some areas beware of beggars who try to distract you with papers, boxes, or excessive body movements. Coats and purses are often stolen in crowded areas. Keep them close to you and lock your pack zippers with a combo lock. Secure your valuables if you are traveling on an overnight (“sleeper”) train.

- Weapons. Students are strictly prohibited from keeping or using firearms, knives, weapons (including pellet, air guns, paintball guns or other dangerous articles or substances). Furthermore, mace and/or pepper spray may be illegal in the countries that you visit. It is your responsibility to know the laws regarding weapons in the host country if you intend to bring any item for self-defense.
TIPS & RESOURCES

TIPS FROM STUDENTS ON WHAT YOU SHOULD KNOW
These comments came from students who recently attended our study abroad program in Indonesia:
- Be aware of immigration regulations that may apply for extending your stay
- Don’t overpack (especially clothes!)
- Both the sunrises and sunsets are highlights you don’t want to miss

ONLINE RESOURCES
The more information you find out about the country beforehand, the better off you will be once you get there. Here is a list of a few web sites that may be helpful as you begin your information search.

http://ubudhood.com/ (blogs and information on exploring Ubud, Bali)
https://www.lonelyplanet.com/indonesia/bali (Lonely Planet guide on Bali)
http://www.tripadvisor.com (online travel guide)
http://www.letsgo.com/ (online travel guide, check out the “HotLinks” button)
http://cnn.com/WEATHER/ (daily weather forecasts)
https://www.roughguides.com/ (travel guide)
https://nolesabroad.international.fsu.edu/ (FSU International Programs blog with articles from former program participants)

USEFUL APPS
Google Translate (instantly translates words, phrases, and web pages between English and over 100 other languages)
Dark Sky (With down-to-the-minute forecasts, you’ll know exactly when the rain will start or stop, right where you’re standing)
Mobile Passport (authorized by U.S. Government to get through customs upon your return to the U.S. Allows you to use the dedicated mobile passport line in 21 participating airports).

(Note: Florida State University is not responsible for the content of external internet sites.)

Connect with International Programs on social media
International Programs Facebook
International Programs Twitter
International Programs Instagram

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