Intensive French

Paris, France

2023
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IMPORTANT CONTACTS

INTERNATIONAL PROGRAMS OFFICE
A5500 University Center
282 Champions Way
P.O. Box 3062420
Florida State University
Tallahassee, Florida 32306-2420

PHONE (850) 644-3272
1-800-374-8581
FAX (850) 644-8817
(850) 645-4659
EMAIL IP-Info@fsu.edu
WEBSITE international.fsu.edu
HOURS 8:00am - 5:00pm EST
Monday - Friday

HOUSING LOCATION
Cité Internationale Universitaire de Paris (known as CIUP or Cité)
Boulevard Jourdan
75014 Paris

STAFF CONTACTS
Dr. Vincent Joos, Program Leader
EMAIL vjoos@fsu.edu

The international phone number will be provided to students upon arrival.

EMERGENCY PHONE NUMBERS
LOCAL POLICE 17
FIRE 18
AMBULANCE 15
Europe-wide Emergency Service 112

US EMBASSY
2, avenue Gabriel
75382 Paris Cedex 08

PHONE 33 1 43 12 22 22
WEBSITE http://france.usembassy.gov/

INTERNATIONAL CALLS
Making international calls from the US to France: First dial “011” (for international call), followed by “33” (the country code), then the specific area code (dropping the first zero) and location number.

Making international calls from France to the US: First dial “001” followed by the U.S. city area code and the seven-digit telephone number.

Time Differences: Central European Time (CET) is ahead of Eastern Standard Time by 6 hours, Central Standard Time by 7 hours, Mountain Standard Time by 8 hours, and Pacific Standard Time by 9 hours. Daylight Savings Time changes often occur on different dates in the UK than in France.
ACADEMICS

ACADEMICS MATTER

This program is first and foremost an academic one, so you should be prepared to invest as much time, effort and thought into your coursework as you do on your home campus.

Since classes are small, you will have more interaction with your fellow students and with faculty than you have on main campus. There will be a greater emphasis on participation in class discussions and attending organized excursions may be required for some courses. This means you must be prepared to maintain a high level of performance by being an active and committed participant in your class.

TUTORING RESOURCES

There are a number of tutoring resources available at Florida State University to assist you academically, both in Tallahassee and abroad. Online tutors in many subject areas are available through the following programs:

- Reading & Writing Center (RWC) - http://wr.english.fsu.edu/Reading-Writing-Center/RWC-Online
- Academic Center for Excellence (ACE) - http://ace.fsu.edu/
- University Libraries: Office of Distance Library Services - https://www.lib.fsu.edu/department/distance-learning

OFFICE OF ACCESSIBILITY SERVICES (OAS)

OAS provides reasonable and appropriate accommodations for students with documented disabilities. Documented disabilities and accommodations vary in nature, and though the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973 do not apply extraterritorially, we do our best to accommodate our students. If you anticipate needing to request accommodations for a documented disability, please schedule an appointment with OAS by calling (850) 644-9566 (Voice) or (850) 644-8504 (TDD). For more information, visit https://dsst.fsu.edu/oas.

CLASSES

Students take classes at the Institut Catholique, one of Paris’ most prestigious language schools. Classes are taught entirely in French by native French-speaking faculty. Students will take a placement test on the first day of courses and will be placed in the language course most appropriate to their level of understanding. The courses you sign up for at Florida State are the courses you need to fulfill your language requirements but are not necessarily the same content as the course material at the Institut Catholique. The courses you take at the Institut Catholique line up with the European Framework for languages (A1/A2 for beginners, B1/B2 for intermediate, and C1/C2 for advanced). The instructors will assess the students’ level and teach accordingly.

Class at the Institute Catholique rarely require a textbook. You will receive this information from the instructor on the first day of class. If there is a textbook required, you will be able to purchase it at a bookstore in Paris for around €30.

FSU ENHANCEMENT PROGRAMS RELATED TO STUDY ABROAD

FSU students are encouraged to get involved with the Garnet and Gold Scholar Society and the Global Citizenship Certificate program. These two resources provide special recognition as global-ready graduates.

The Garnet and Gold Scholar Society

- garnetandgoldscholar.fsu.edu
- garnetandgoldscholar@fsu.edu

A student who has met the criteria in three of the five areas is eligible for consideration.

All study abroad programs organized through the International Programs Office qualify for the international experience portion of the International Area.

The Global Citizenship Certificate

- cpe.fsu.edu/globalcitizen
- globalcitizen@fsu.edu

The Global Citizenship Certificate program helps undergraduate students develop invaluable cross-cultural skills and global competencies needed to be a global-ready graduate.

Students who enroll in the certificate take 1 required course, Global Perspectives, and 3 electives. The required course counts toward FSU Liberal Studies X, E-series, and writing requirements. Students can choose from 500+ courses to fulfill the elective course requirement.

In addition, students participate in 8 intercultural events on campus and a sustained international experience abroad, which you are about to do!

Enroll in the Global Citizenship Certificate before you leave to ensure your study abroad experience counts toward the certificate.

4
Some countries may require COVID-19 testing and/or vaccination to enter the country or for other purposes. Even if a country does not currently have such requirements, FSU cannot guarantee these or other measures will not be implemented before or during your program.

Once you are notified by International Programs to book your travel arrangements, you must submit your flight itinerary through the IP Student Portal. All flight information will be provided to the Program Leader. It is important that they receive this information in order to monitor student arrivals.

We strongly advise you to purchase airfare and travel insurance directly with the airline when booking your flight; travel insurance typically covers flight cancellation fees, lost luggage, or other losses incurred while traveling, etc. Speak with your airline for details. Click here for more information about travel insurance and trip cancellation policies. Note: Airfare costs are not included in your program fee, and FSU will not reimburse any costs or fees associated with flight changes or cancellations due to COVID-19 should they occur.

Keep your boarding pass until you have landed, cleared immigration and customs, and have collected your luggage.

Have your passport accessible in your carry-on luggage.

During your flight make sure to drink lots of water to stay hydrated. Get up and walk around once an hour to help your circulation. Do simple stretches while in your seat. Try to sleep; it will help you combat jet lag. Wear layers, as the temperature on the plane and in airports can vary.
ARRIVAL

ARRIVING IN PARIS
There is no airport pick-up, but getting to Cité Universitaire via RER from the airport is relatively easy. Here are the directions to the Cité Universitaire from Charles de Gaulle (CDG) airport:

Follow the signs to the RER station; purchase a one-way ticket (aller), which should cost about €10. Board the train going in the direction of Cité Universitaire. The train makes about sixteen brief stops, but you do not have to make any changes. When you get to stop called “Cité Universitaire”, go out the one available exit. Be sure to keep your ticket because you will need it at the Cité U. exit. Put the ticket in the machine—it will go through and then pop up. Pull the ticket out of the slot and the gate will open. When you get upstairs, the Cité Universitaire will be right in front of you across a very busy street.

You will receive the address for the specific Maison (house) within the Cité one month before departure.

Another option is the Paris Shuttle (about 31 euros for a single rider or cheaper rates for up to 8 people – feel free to share with other program participants). This service will provide you with a van lift from the airport directly to the Cité. To make a reservation prior to leaving the U.S., go to their website at http://parishuttle.com. They will give you detailed directions on what you will need to do upon your arrival in Paris. You can book and prepay online. Keep your booking confirmation with your carry-on luggage so you can access it when you arrive in the airport. When you arrive in the airport, look for a France Télécom public phone (near the exit doors of the terminal. It is the only one you can use to call the shuttle) and call the Paris Shuttle hotline for free using the telephone number on your booking confirmation to notify an agent that you have arrived. The agent will instruct you which exit to wait for your Paris Shuttle van. If arriving before 7 AM or after 11 PM, you should coordinate a pickup spot with the Paris Shuttle company prior to landing since the hotline will be closed. This service is cheaper the more people you book the reservation with (up to 8). If booking with other participants, be sure to coordinate where you will meet when you land prior to your departure. Also exchange phone numbers so you can notify each other if you are delayed. The Paris Shuttle will not honor your reservation if you are late.

If your flight is canceled, delayed, or you miss a connection, contact International Programs staff via email or phone.

Your program housing will begin on the start date of your program, June 30, 2023, and end on the end date, July 30, 2023. If you plan on arriving earlier or wish to stay later, you must make arrangements to stay in a hotel. If your program requires a visa, you may not be permitted to arrive before the program start date. Consult your immigration introduction or visa packet in the IP student portal or contact IP-Visas@fsu.edu prior to planning independent travel before your program.

For planning purposes, you must check out of program housing on the morning of the last day of your program. You will be responsible for getting yourself to the airport in time for your departure.

TRANSPORTATION
You will have little difficulty getting around Paris. The city’s subway system, the Métro, is comprehensive and easy to use. You will have a metro pass (Carte Navigo) which provides you with unlimited metro travel for the duration of the entire program. There is also a bus system. You will receive more information about transportation in your on-site orientation in Paris. Of course, there are guidebooks and maps you can buy while you are in Paris. You will find you will do a great amount of walking in Paris, so bring walking shoes! Consult http://www.ratp.fr for planning your transportation within Paris.
HOUSING
Cité Internationale Universitaire de Paris (known as CIUP or Cité)

You will be housed in single, dormitory-style rooms at the “Cité Universitaire,” an international student community in southern Paris. Each room has a bathroom, small fridge, Ethernet cable, full-size desk, and a land-line telephone. There is Wi-Fi throughout the facility. You will have access to kitchen facilities; there are four located in the building. Kitchen utensils and cookware will be limited, if they're provided at all, so you may wish to purchase a few items upon arrival to share with your fellow students if you wish to do a lot of cooking. Washing machines and dryers are located within the residence and are less expensive to use than “outside” laundromats. Students are responsible for making their own beds and for keeping their rooms reasonably tidy. Light cleaning is provided by the Cité Universitaire, but you will have to cooperate by keeping your living area tidy. You should note your floor’s cleaning schedule posted on the bulletin boards of each floor.

Bed linens are provided and will be laundered every other week. You must supply your own washcloths and towels, so it is recommended you bring one set to start with and buy more as needed once you arrive.

Living and studying in your room will be very similar to a dormitory living at a typical college campus. Convenient shops, markets, grocery stores, bakeries, and dry-cleaning businesses, etc., can be found throughout this area.

During your on-site orientation, you will be advised of the FSU Housing Rules & Regulations. Violation of any of the housing policies is grounds for dismissal. It is your responsibility to familiarize yourself with the housing rules and regulations for your specific program. Refer to the FSU International Programs Contractual Agreement and the Housing Terms and Conditions for details. You are required to sign the FSU International Programs Contractual Agreement as it outlines your contractual obligations as a participant on our program.

At the end of the program, the housing facilities will be inspected. They should be neat, clean and in the condition in which they were found. If your housing is left in an un-fit state or if any damages are found upon your departure, additional charges may be assessed to your FSU account.
PERSONAL TRAVEL

Due to the uncertain nature of the COVID-19 pandemic, all program elements including the program calendar, weekly schedule, classroom environment, course delivery method, housing arrangements, transportation policies, and international or in-country travel restrictions are subject to modification at any time in order to comply with local public health restrictions as well as the policies and practices of Florida State University.

FSU’s current independent travel policy allows students to travel independently commensurate with any local, national, or international guidance and restrictions.

FSU will continue to review its independent travel policy as conditions abroad change, but there is a possibility independent travel could remain restricted or limited during your program. Failure to adhere to the independent travel policy could have significant consequences, including potential removal from the program.

Please wait until you have arrived and received your class/program schedule before booking any independent trips.

Do not plan travel that will cause you to miss classes or other required programming; strict academic standards are maintained on programs. Your grade may be reduced by any unauthorized absence from class.

For safety purposes, you will be instructed by International Programs to fill out a mandatory online independent travel form each time you plan on traveling outside of your program. More information will be provided to you in the IP Student Portal prior to departure.

CLIMATE

The weather is going to play a large role in how you pack for your time abroad. Monitor the weather before departure and research climate trends for your location to pack accordingly.

During July, Paris has an average daytime temperature of 78º and an overnight low of 61º. It can be fairly rainy, and on some days during the summer the city may feel rather sultry. Europeans, in general, do not have air conditioning in many buildings. There is no AC in housing or classrooms. Due to heatwaves in recent years, we recommend bringing a small, handheld fan. Some students in the past have also purchased small fans for their rooms. We advise that you bring some warmer clothing with you for chilly evenings and a raincoat. There will be a couple of fancy dinners, so you are advised to pack one nice outfit.
Wi-Fi is available in Program Housing.

Students should plan to bring a laptop or tablet with them for use in their residence, while traveling, or when required for health reasons. We recommend doing the following prior to departure:

- Bring a plug adaptor so your computer can charge on a foreign outlet (laptops and cell phones do not require a voltage convertor, only a plug adaptor)
- Check your homeowner’s insurance to make sure that your computer is covered when you are away from your primary residence. If not covered by your homeowner’s insurance, you may look into insurance through [http://www.safeware.com/](http://www.safeware.com/), a worldwide insurance provider for all electronic devices (e.g. laptop, digital camera, iPod, etc.). They also have a provision for non-electronic personal property.
- Do NOT pack your laptop or laptop charger in your checked luggage.

MAIL

Please share the following information with those in the US who are interested in sending you mail while you are abroad.

The French mail system is generally very good. Airmail will usually take from 7-10 days. Use international airmail stamps; regular mail will cause your letter to go by boat, taking about six weeks to deliver. When sending packages overseas, neither overestimate nor underestimate the value of the materials in the package. You will pay up to 30% customs duty on the amount shown as the insured price. There should be no commercial value on the package.

You should have your mail sent to the address listed for the Maison at the Cité Universitaire that you will receive one month before arrival, with your name on the first line. Letters sent to you will be delivered to the reception desk of the Maison. Important note: You must check with the receptionist to see if you have a letter. Packages and letters sent via expedited services and private carriers WILL NOT be delivered to the Maison. You will have to go to the post office where the parcel has been delivered, along with your reception airbill in order to pick these items up.
EXPENSES WHILE ABROAD
When estimating your financial needs abroad, calculate the amount of money you will need for meals for the entire period of your stay; costs for your personal entertainment and social activities.

Based on past participant’s feedback, most students spent $1,000-$2,000 during their program.

CURRENCY
France uses the Euro as the national currency. Exchange some dollars ($75-$100) for euros before you leave the U.S. Don’t exchange more than $100; you just need enough to get you to Paris and to a bank abroad.

You can reference the current exchange rate online.
HEALTH & WELLNESS

INOCULATIONS/MEDICAL CONCERNS

BEFORE DEPARTURE:
We encourage all students with underlying health issues that may increase the severity of infection should they contract COVID-19 to discuss their study abroad plan with their doctor/specialist.

Florida State University requires certain immunizations prior to your registration for classes. All newly admitted degree-seeking students (freshman and transfer) and non-FSU students will be asked to complete and submit the required Student Immunization Form through the IP Student Portal.

Familiarize yourself with the specific requirements and health matters in your program location. The FSU Health and Wellness Center offers a travel clinic which provides immunizations. Click here for additional information available through the Centers for Disease Control and Prevention’s site. Some countries have specific requirements for inoculations based on past locations the traveler has visited. It is the student’s responsibility to confirm whether or not the previous travel requires additional inoculations.

WHILE ABROAD:
Your program fee includes international medical and evacuation insurance coverage through Cultural Insurance Services International (CISI); Click here to access the policy online. The coverage will be effective for participants from the day the program starts until the day the program ends. It includes coverage for treatment of ill students, including those with COVID-19, as well as COVID testing for those who are symptomatic, or those who have had a known exposure to a person who tested positive. It does not cover preventative evacuation due to pandemics or preventative treatments such as vaccinations. There are Teleconsultation Services available. This policy is NOT intended to replace your domestic coverage.

France has an excellent health care system. Students in need of emergency care will likely be treated at the nearby Service des Urgences - Hôpital Saint-Joseph, 185 Rue Raymond Losserand, 75014 Paris, France which is a 10 minute drive from program housing. Emergency care is 22 euros at the time of service.

Less urgent situations should be treated in one of the many nearby general practitioner or walk-in clinics. GP visits will incur a fee, which students are responsible for paying upfront. Students can file a claim for reimbursement through CISI.

ALCOHOL AWARENESS & ILLEGAL DRUGS
The legal age for the drinking of alcohol in France is 18. This means that you will likely have the opportunity to buy and drink alcohol legally. It is in your interest to recognize that this right carries a great deal of responsibility. Should students violate the FSU International Programs conduct code regarding drugs and/or alcohol, they will undergo a student conduct code process, where outcomes are appropriately assigned. In short, know your limits, and drink in moderation if you choose to do so, but not to excess.

Florida State University does not tolerate the possession, use, manufacture, production, sale, exchange or distribution of illegal drugs by students participating in FSU study abroad programs. Violation of this policy may result in immediate dismissal from the program and disciplinary action onsite or upon return to campus. For complete information on student judicial processes, victim rights, and appeals see the Student Conduct Code: https://sccs.fsu.edu/.

MAPPING YOUR IDENTITIES
Our Mapping your Identities guide will help you explore your identities and evaluate your overall wellness to aid in your preparation for a successful and enriching study abroad experience. It will also help you understand others on your program and be better allies for them.

Be sure to bring sufficient quantities of your prescription medication with you to last for the duration of your stay. Keep these in their original containers with copies of the prescriptions and place them in your carry-on luggage. Bring a copy of a legible prescription from your doctor.

Please be aware that not all U.S. drugs are available elsewhere. In particular, Adderall and Concerta are not available in all countries. Don’t postpone discussing your prescription needs with your doctor. You will likely need to work with your insurance company to cover your vacation prescription. If you experience difficulty in obtaining a prescription for your time abroad, seek assistance from our office.

We also recommend doing the following:
- If you wear glasses or contact lenses, take an extra pair and/or the prescription.
- Complete routine medical and dental care before you leave.
- A tetanus booster shot is suggested if you have not had one within the past 10 years.
- A flu shot is also suggested prior to departure.
POLICIES & SAFETY

RULES, POLICIES & PROCEDURES

SAFETY & SECURITY
Our highest priority is the welfare and security of our students, faculty, staff and facilities. We have emergency plans in place for each of our locations and work closely with our insurers and 24/7 emergency response providers to monitor and respond to all situations worldwide. It is our policy to follow guidance from the respective U.S. Embassies, U.S. State Department, as well as local officials and keep students apprised of any new information. For more information on IP’s security policies and procedures, please contact our Director of Emergency and Risk Management, Tina Brooks, at 850.644.3786 or cbrooks2@fsu.edu.

• Resources. Even though you are not on the main campus, you have access to many resources should you encounter issues while abroad. Program staff members are available to support you in a variety of ways, including connecting you with other professionals locally and/or on the main campus.
  o Victim Advocate Program. The University takes very seriously all types of victimization, including sexual violence, relationship violence, and domestic violence. Advocates are available and on-call 24 hours a day to provide confidential support services, even for students who are abroad. For more information on the Victim Advocate Program, visit https://dsst.fsu.edu/vap.
  o Counseling & Psychological Services at FSU. Counseling and Psychological Services is a welcoming and confidential place to discuss questions and concerns such as homesickness, struggles with relationships, sexual identity, cultural issues, and more. Visit https://counseling.fsu.edu/ for more information.
  o Center for Health Advocacy & Wellness. The Center for Health Advocacy & Wellness encourages you to make healthy lifestyle decisions that facilitate academic success and lead to life-long health and wellness. For more information, visit http://chaw.fsu.edu/.

• The U.S. State Department maintains a web site of information for Americans studying abroad, including current travel advisory warnings, at: http://studentsabroad.state.gov/.

• The Smart Traveler Enrollment Program (STEP) is a free service provided by the U.S. Government to U.S. citizens who are traveling to, or living in, a foreign country. STEP allows you to enter information about your upcoming trip abroad so that the Department of State can better assist you in an emergency. We strongly recommend you register here: https://step.state.gov/step/.

• Waivers. All IP participants must sign and submit a general Waiver of Liability & COVID-19 Waiver through the IP Student Portal.

• Be aware that you are subject to the laws of the country in which you are traveling.

• Always carry a photocopy of the picture and signature pages of your passport with you. Keep another copy in your room separate from your passport. Leave one copy at home in the U.S. with your family or a relative.

• Use the buddy system—try to travel with friends as much as possible and always tell your roommates or friends where you are going and when you expect to return. Bystander intervention is a powerful opportunity and responsibility for those within our community.

• Valuables. Students should not take sentimental valuables on their program. Students should not leave cash, passports, or other items of value unattended in their rooms. If a locker or safe is provided, students are strongly encouraged to use it to store anything of value at all times. Students should plan regular visits to the cash machine rather than leaving large amounts of cash in their rooms. Students are responsible for ensuring their rooms are left secure at all times – do not prop open doors, do not leave doors and windows unlocked, do not give keys to anyone. If students notice others in the building leaving the main entrance door unsecured, they should notify Program staff immediately, even if there are others living in the building who are not FSU program participants. Students are strongly encouraged to purchase insurance that will cover their belongings while abroad, whether a standard homeowners or renters policy. The International Programs insurance policy does not cover loss or theft of participants’ possessions.

• Pickpocketing. In most large cities throughout the world, pickpocketing is the most common crime and can happen anytime, anywhere! We caution you to always be aware of your surroundings. Beware of strangers who try to distract you with papers, boxes, or strange gestures. Smartphones and purses are often stolen in crowded areas, cafes, restaurants, and pubs. Keep them close to you and within your own sight, but out of the reach of strangers. Secure your valuables when you use public transportation, especially if you are travelling on an overnight train/coach.

• Weapons. You are strictly prohibited from keeping or using firearms, knives, weapons (including pellet, air guns, paintball guns or other dangerous articles or substances). Weapons, such as guns, mace, pepper spray, and disguised or flick knives are illegal in France. It is your responsibility to know the laws regarding weapons in the host country if you intend to bring any item for self-defense.
TIPS & RESOURCES

TIPS FROM STUDENTS ON WHAT YOU SHOULD KNOW
These comments came from students who recently attended our study abroad program in Paris:

- It does get hot in the summer - purchase a small fan when you get to Paris for your room
- Plan to need to purchase kitchenware to supplement what is provided in the housing
- Leave space in your bag to bring home souvenirs
- Pack layers because it can be very hot and very chilly in Paris
- Pack a very small umbrella and raincoat
- Pack a nice outfit for fancy dinners
- Bring walking shoes!
- If you carry a bag or purse, it is recommended to bring one that zips closed and can cross your body.

ONLINE RESOURCES
The more information you find out about the country beforehand, the better off you will be once you get there. Here is a list of a few web sites that may be helpful as you begin your information search:
https://letsgo.com/ (online travel guide)
http://www.state.gov/travel/ (US State Department’s information for Americans living abroad)
https://nolesabroad.international.fsu.edu/ (FSU International Programs blog with articles from former program participants)

USEFUL APPS
CityMapper (Transportation app to help you navigate Paris like a local)
Dark Sky (With down-to-the-minute forecasts, you’ll know exactly when the rain will start or stop, right where you’re standing)
Mobile Passport (Authorized by US Government to get through customs upon return to the US. Allows you to use the dedicated mobile passport line in 21 participating airports)

(Note: Florida State University is not responsible for the content of external internet sites.)

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