## INTERNATIONAL PROGRAMS

### PACKING LIST

Use this list as a guideline as you pack for your program abroad. The items that are marked with an asterisk (*) should be packed in your carry-on bag. Read your Site Specific Packet, monitor the weather, and research your program’s location for additional packing tips.

### GENERAL CLOTHES
- Underwear
- Undershirts/Bras
- Socks
- Sleepwear
- Dress shirt
- Casual tops
- Dresses/Skirts
- Pants

### PRO TIP
Wear your International Programs garnet t-shirt as you travel to your study abroad destination to help our staff identify you at the airport, if there is a pick-up provided.

### SEASONAL CLOTHES
- Jacket/Coat
- Boots
- Raingear
- Gloves
- Scars
- Fall/Winter Hat
- Sandals
- Swimsuit

### PRO TIP
Bring copies of these documents with you and leave spare copies with family members in the U.S.

### TOILETRIES
- Toothbrush
- Toothpaste
- Hairbrush/Comb
- Hair Ties/Clip
- Deodorant
- Razor
- Body Soap
- Shampoo/Conditioner
- Cleanser
- Moisturizer
- Body Lotion
- Sunscreen
- Makeup
- Contact Lens Care
- Feminine Hygiene products
- Tweezers
- Contacts/Glasses*

### ELECTRONICS
- Cell Phone*
- Camera*
- Laptop/Tablet and chargers*
- Headphones*
- Universal Adapter
- Converter (if needed)

### DOCUMENTS
- Passport*
- Driver’s License*
- International Student Identify Card (ISIC)*
- Credit/Debit Cards*
- Site Specific Packet*
- List of Medications*

### MISCELLANEOUS
- Medication to last the full duration of your program*
- Required textbooks and other school supplies
- Spare cash (USD and currency of your program location)*
- Small bag such as a backpack or duffle bag for independent travel
- Reusable Water Bottle
- Sunglasses
- Travel size umbrella
- Travel size first aid kit
- TSA Luggage Locks*
- Luggage Tags*

### DO NOT BRING
- Hair Straightener/Curling Iron/Hair Dryer
- Expensive and/or Sentimental Belongings (such as jewelry, expensive watches, etc.)
- Drugs or Drug Paraphernalia
- Weapons
- Pepper Spray

International Programs created this list based on the general needs of all program participants. However, each program is unique. We cannot guarantee that everything that is needed for your specific program is featured on this list. Reference your Site Specific packet for additional information.